

ÅEC 2010 Resultat



SOLO HERR

| | | Sträcktider | | | | | | | Etapptider | | | |
|-----------|---|-------------|-----------|---------|---------|---------|---------|---------|------------|----------|---------|---------|
| Placering | Namn | Tid | Diff | Lyft 2 | Torget | Skutan | Huså | Fäviken | Mål | Paddling | Löpning | Cycling |
| 1 | Martin Flinta Thule Adventureteam | 4:46:23 | | 1:07:26 | 0:30:45 | 0:56:24 | 0:41:06 | 0:38:22 | 0:52:20 | 1:38:11 | 1:37:30 | 1:30:42 |
| 2 | Per Vestling Team Explore | 4:55:15 | + 0:08:52 | 1:08:03 | 0:30:52 | 0:57:39 | 0:41:46 | 0:40:47 | 0:56:08 | 1:38:55 | 1:39:25 | 1:36:55 |
| 3 | Scott Cole IKSU Multisport | 5:02:46 | + 0:16:23 | 1:07:40 | 0:31:23 | 0:55:27 | 0:40:14 | 0:39:25 | 1:08:37 | 1:39:03 | 1:35:41 | 1:48:02 |
| 4 | Johan Skärskog Team Explore | 5:05:22 | + 0:18:59 | 1:07:36 | 0:30:43 | 1:05:03 | 0:45:42 | 0:41:10 | 0:55:08 | 1:38:19 | 1:50:45 | 1:36:18 |
| 5 | John Andén - | 5:06:34 | + 0:20:11 | 1:18:37 | 0:32:40 | 0:57:33 | 0:42:51 | 0:39:32 | 0:55:21 | 1:51:17 | 1:40:24 | 1:34:53 |
| 6 | Rikard Tynell Haglöfs vän | 5:16:06 | + 0:29:43 | 1:07:50 | 0:31:45 | 1:07:47 | 0:46:19 | 0:44:32 | 0:57:53 | 1:39:35 | 1:54:06 | 1:42:25 |
| 7 | Jari Palonen MONTRAIL-POWERBAR | 5:16:35 | + 0:30:12 | 1:14:18 | 0:33:43 | 1:02:12 | 0:41:42 | 0:42:35 | 1:02:05 | 1:48:01 | 1:43:54 | 1:44:40 |
| 8 | Peter Bringby Specialdelivery.sew | 5:20:41 | + 0:34:18 | 1:13:08 | 0:34:54 | 1:05:35 | 0:43:24 | 0:45:48 | 0:57:52 | 1:48:02 | 1:48:59 | 1:43:40 |
| 9 | Andreas Mathisen CITY WOLFS | 5:28:21 | + 0:41:58 | 1:11:36 | 0:33:26 | 1:07:24 | 0:53:52 | 0:42:17 | 0:59:46 | 1:45:02 | 2:01:16 | 1:42:03 |
| 10 | +Ola Olsson Rejlers-Kolmården Adventures | 5:29:52 | + 0:43:29 | 1:12:13 | 0:33:43 | 1:04:28 | 0:48:39 | 0:45:23 | 1:05:26 | 1:45:56 | 1:53:07 | 1:50:49 |
| 11 | Olof Sundström - | 5:38:31 | + 0:52:08 | 1:11:40 | 0:33:16 | 1:09:24 | 0:45:54 | 0:50:28 | 1:07:49 | 1:44:56 | 1:55:18 | 1:58:17 |
| 12 | Aaron Scott - | 5:40:48 | + 0:54:25 | 1:15:59 | 0:35:02 | 1:07:16 | 0:45:41 | 0:48:59 | 1:07:51 | 1:51:01 | 1:52:57 | 1:56:50 |
| 13 | +Kari Rauhanen Team Tuplapukki | 5:43:22 | + 0:56:59 | 1:14:38 | 0:35:36 | 1:04:03 | 0:53:19 | 0:48:08 | 1:07:38 | 1:50:14 | 1:57:22 | 1:55:46 |
| 14 | Jens Thorild FK Herkules | 5:44:28 | + 0:58:05 | 1:21:54 | 0:31:30 | 1:07:34 | 0:46:01 | 0:48:43 | 1:08:46 | 1:53:24 | 1:53:35 | 1:57:29 |
| 15 | Lars Nilsson FK Herkules | 5:47:38 | + 1:01:15 | 1:18:47 | 0:36:37 | 1:05:21 | 0:53:57 | 0:47:14 | 1:05:42 | 1:55:24 | 1:59:18 | 1:52:56 |
| 16 | Fredrik Eneroth - | 5:48:39 | + 1:02:16 | 1:30:27 | 0:37:12 | 1:02:20 | 0:48:39 | 0:46:23 | 1:03:38 | 2:07:39 | 1:50:59 | 1:50:01 |
| 17 | Peter Röök | 5:49:36 | + 1:03:13 | 1:13:00 | 0:34:38 | 1:05:44 | 0:51:17 | 0:50:14 | 1:14:43 | 1:47:38 | 1:57:01 | 2:04:57 |

| Placering | Namn | Tid | Diff | Lyft 2 | Torget | Skutan | Huså | Fäviken | Mål | Paddling | Löpning | Cykling | |
|-----------|---|---------|------|---------|---------|---------|---------|---------|---------|----------|---------|---------|---------|
| | Stockholms Kajakklubb | | | 1:13:00 | 1:47:38 | 2:53:22 | 3:44:39 | 4:34:53 | 5:49:36 | | | | |
| 18 | Björn Johnsson Lövkullen | 5:50:06 | + | 1:03:43 | 1:29:09 | 0:34:59 | 1:06:22 | 0:50:06 | 0:45:32 | 1:03:58 | 2:04:08 | 1:56:28 | 1:49:30 |
| 19 | Olof Solberg Karlstad Multisport | 5:54:32 | + | 1:08:09 | 1:31:39 | 0:35:24 | 1:07:02 | 0:47:15 | 0:46:59 | 1:06:13 | 2:07:03 | 1:54:17 | 1:53:12 |
| 20 | Simon Larsson Rejlers-Kolmården Adventures | 5:54:51 | + | 1:08:28 | 1:20:03 | 0:36:30 | 1:09:21 | 0:48:46 | 0:50:07 | 1:10:04 | 1:56:33 | 1:58:07 | 2:00:11 |
| 21 | +Mikael Ström FK Herkules | 6:00:30 | + | 1:14:07 | 1:32:34 | 0:36:11 | 1:05:40 | 0:51:37 | 0:47:41 | 1:06:47 | 2:08:45 | 1:57:17 | 1:54:28 |
| 22 | Jörgen Kard Polar | 6:02:01 | + | 1:15:38 | 1:29:27 | 0:37:08 | 1:06:59 | 0:44:30 | 0:50:40 | 1:13:17 | 2:06:35 | 1:51:29 | 2:03:57 |
| 23 | Kristoffer Kvarnlöf IKSU Multisport | 6:02:55 | + | 1:16:32 | 1:40:29 | | 3:24:07 | 0:45:54 | 0:44:43 | 1:08:11 | | 4:10:01 | 1:52:54 |
| 24 | Carl Hagström adventureteam.se | 6:05:00 | + | 1:18:37 | 1:29:51 | 0:37:29 | 1:08:13 | 0:53:56 | 0:48:44 | 1:06:47 | 2:07:20 | 2:02:09 | 1:55:31 |
| 25 | +Staffan Ahltin Team Craft | 6:05:18 | + | 1:18:55 | 1:33:11 | 0:36:13 | 1:08:31 | 0:59:41 | 0:43:26 | 1:04:16 | 2:09:24 | 2:08:12 | 1:47:42 |
| 26 | Magnus Olofsson - | 6:05:25 | + | 1:19:02 | 1:34:06 | 0:42:35 | 1:03:52 | 0:51:19 | 0:48:20 | 1:05:13 | 2:16:41 | 1:55:11 | 1:53:33 |
| 27 | Michael Sageryd Stockholm Multisport | 6:06:27 | + | 1:20:04 | 1:30:30 | 0:34:56 | 1:10:56 | 0:50:07 | 0:50:05 | 1:09:53 | 2:05:26 | 2:01:03 | 1:59:58 |
| 28 | Jonas Lindkvist FK Herkules | 6:08:13 | + | 1:21:50 | 1:44:30 | 0:41:35 | 1:05:13 | 0:49:35 | 0:43:37 | 1:03:43 | 2:26:05 | 1:54:48 | 1:47:20 |
| 29 | Per Jonsson Haglöfs vän | 6:09:32 | + | 1:23:09 | 1:34:53 | 0:41:00 | 1:01:45 | 0:48:42 | 0:53:06 | 1:10:06 | 2:15:53 | 1:50:27 | 2:03:12 |
| 30 | Robert Eriksson Kisa SK | 6:15:22 | + | 1:28:59 | 1:46:09 | 0:43:03 | 1:01:12 | 0:47:55 | 0:48:06 | 1:08:57 | 2:29:12 | 1:49:07 | 1:57:03 |
| 31 | Olof Selander Breivikingan | 6:17:28 | + | 1:31:05 | 1:34:28 | 0:40:40 | 1:06:09 | 0:51:51 | 0:48:54 | 1:15:26 | 2:15:08 | 1:58:00 | 2:04:20 |
| 32 | Magnus Åkerblad Haglöfs vän | 6:18:20 | + | 1:31:57 | 1:40:19 | 0:42:10 | 1:04:41 | 0:47:15 | 0:51:42 | 1:12:13 | 2:22:29 | 1:51:56 | 2:03:55 |
| 33 | Patrik Svensson Team Kajaktiv | 6:19:07 | + | 1:32:44 | 1:08:09 | 0:33:52 | 1:18:40 | 1:03:44 | 0:55:45 | 1:18:57 | 1:42:01 | 2:22:24 | 2:14:42 |
| 34 | Marcus Andersson BIRKA | 6:19:17 | + | 1:32:54 | 1:31:56 | 0:40:08 | 1:05:15 | 0:49:07 | 0:56:16 | 1:16:35 | 2:12:04 | 1:54:22 | 2:12:51 |
| 35 | Jussi Haikka Team Finland | 6:20:02 | + | 1:33:39 | 1:30:41 | 0:37:20 | 1:05:59 | 0:51:56 | 0:56:04 | 1:18:02 | 2:08:01 | 1:57:55 | 2:14:06 |
| 36 | Jens Olsson SCA Östrand | 6:22:04 | + | 1:35:41 | 1:40:34 | 0:43:40 | 1:08:44 | 0:47:27 | 0:53:22 | 1:08:17 | 2:24:14 | 1:56:11 | 2:01:39 |
| 37 | Andreas Phersson | 6:22:23 | + | 1:36:00 | 1:57:03 | 0:40:11 | 0:59:32 | 0:42:54 | 0:48:44 | 1:13:59 | 2:37:14 | 1:42:26 | 2:02:43 |

| Placering | Namn | Tid | Diff | Lyft 2 | Torget | Skutan | Huså | Fäviken | Mål | Paddling | Löpning | Cykling | |
|-----------|------------------------------|---------|------|---------|---------|---------|---------|---------|---------|----------|---------|---------|---------|
| | Hållands skidspårsförening | | | 1:57:03 | 2:37:14 | 3:36:46 | 4:19:40 | 5:08:24 | 6:22:23 | | | | |
| 38 | Magnus Svensson | 6:24:29 | + | 1:38:06 | 1:30:38 | 0:39:13 | 1:07:41 | 0:53:28 | 0:56:12 | 1:17:17 | 2:09:51 | 2:01:09 | 2:13:29 |
| | Rejlers Kolmården Adventures | | | 1:30:38 | 2:09:51 | 3:17:32 | 4:11:00 | 5:07:12 | 6:24:29 | | | | |
| 39 | Peter Rejler | 6:26:27 | + | 1:40:04 | 1:24:42 | 0:39:08 | 1:08:30 | 0:53:50 | 0:58:05 | 1:22:12 | 2:03:50 | 2:02:20 | 2:20:17 |
| | Rejlers IF | | | 1:24:42 | 2:03:50 | 3:12:20 | 4:06:10 | 5:04:15 | 6:26:27 | | | | |
| 40 | Björn Andersson | 6:26:38 | + | 1:40:15 | 1:34:35 | 0:47:31 | 1:08:28 | 0:53:26 | 0:50:57 | 1:11:41 | 2:22:06 | 2:01:54 | 2:02:38 |
| | - | | | 1:34:35 | 2:22:06 | 3:30:34 | 4:24:00 | 5:14:57 | 6:26:38 | | | | |
| 41 | Joel Karlsson | 6:27:41 | + | 1:41:18 | 1:37:41 | 0:40:38 | 1:07:33 | 0:49:57 | 0:54:39 | 1:17:13 | 2:18:19 | 1:57:30 | 2:11:52 |
| | Årebyggarna | | | 1:37:41 | 2:18:19 | 3:25:52 | 4:15:49 | 5:10:28 | 6:27:41 | | | | |
| 42 | +Micke Hanell | 6:29:03 | + | 1:42:40 | 1:32:29 | 0:39:26 | 1:09:30 | 1:05:34 | 0:49:50 | 1:12:14 | 2:11:55 | 2:15:04 | 2:02:04 |
| | Stockholm Multisport | | | 1:32:29 | 2:11:55 | 3:21:25 | 4:26:59 | 5:16:49 | 6:29:03 | | | | |
| 43 | Martin Hedbäck | 6:29:06 | + | 1:42:43 | 1:36:40 | 0:39:00 | 1:11:01 | 0:51:34 | 0:55:07 | 1:15:44 | 2:15:40 | 2:02:35 | 2:10:51 |
| | Team Bocksjön | | | 1:36:40 | 2:15:40 | 3:26:41 | 4:18:15 | 5:13:22 | 6:29:06 | | | | |
| 44 | Niklas Jalkner | 6:30:30 | + | 1:44:07 | 1:31:52 | 0:39:38 | 1:16:09 | 0:52:03 | 0:55:18 | 1:15:30 | 2:11:30 | 2:08:12 | 2:10:48 |
| | Stockholm Multisport | | | 1:31:52 | 2:11:30 | 3:27:39 | 4:19:42 | 5:15:00 | 6:30:30 | | | | |
| 45 | Anders Schnell | 6:30:54 | + | 1:44:31 | 1:24:28 | 0:34:07 | 1:09:48 | 0:53:50 | 0:52:55 | 1:35:46 | 1:58:35 | 2:03:38 | 2:28:41 |
| | Karlstad Multisport | | | 1:24:28 | 1:58:35 | 3:08:23 | 4:02:13 | 4:55:08 | 6:30:54 | | | | |
| 46 | Simon Östling | 6:31:48 | + | 1:45:25 | 1:48:16 | 0:44:49 | 1:03:30 | 0:47:59 | 0:54:43 | 1:12:31 | 2:33:05 | 1:51:29 | 2:07:14 |
| | - | | | 1:48:16 | 2:33:05 | 3:36:35 | 4:24:34 | 5:19:17 | 6:31:48 | | | | |
| 47 | Tore Lewander | 6:33:32 | + | 1:47:09 | 1:32:38 | 0:40:11 | 1:11:38 | 0:55:27 | 0:55:05 | 1:18:33 | 2:12:49 | 2:07:05 | 2:13:38 |
| | - | | | 1:32:38 | 2:12:49 | 3:24:27 | 4:19:54 | 5:14:59 | 6:33:32 | | | | |
| 48 | Jonas Westling | 6:33:45 | + | 1:47:22 | 1:36:37 | 0:40:28 | 1:11:26 | 0:52:43 | 0:55:17 | 1:17:14 | 2:17:05 | 2:04:09 | 2:12:31 |
| | IKSU Multisport | | | 1:36:37 | 2:17:05 | 3:28:31 | 4:21:14 | 5:16:31 | 6:33:45 | | | | |
| 49 | Mattias Björklund | 6:36:09 | + | 1:49:46 | 1:40:26 | 0:42:27 | 1:10:38 | 1:01:04 | 0:51:46 | 1:09:48 | 2:22:53 | 2:11:42 | 2:01:34 |
| | - | | | 1:40:26 | 2:22:53 | 3:33:31 | 4:34:35 | 5:26:21 | 6:36:09 | | | | |
| 50 | Johan Runnedahl | 6:40:10 | + | 1:53:47 | 1:35:03 | 0:40:53 | 1:12:16 | 0:55:24 | 0:53:15 | 1:23:19 | 2:15:56 | 2:07:40 | 2:16:34 |
| | Stockholms Kajakklubb | | | 1:35:03 | 2:15:56 | 3:28:12 | 4:23:36 | 5:16:51 | 6:40:10 | | | | |
| 51 | +Bo Andersson | 6:40:13 | + | 1:53:50 | 1:38:04 | 0:40:46 | 1:14:04 | 1:00:44 | 0:53:08 | 1:13:27 | 2:18:50 | 2:14:48 | 2:06:35 |
| | Uddevalla Roddklubb | | | 1:38:04 | 2:18:50 | 3:32:54 | 4:33:38 | 5:26:46 | 6:40:13 | | | | |
| 52 | Simon Meurling | 6:41:32 | + | 1:55:09 | 1:37:36 | 0:41:08 | 1:11:31 | 0:56:22 | 1:00:04 | 1:14:51 | 2:18:44 | 2:07:53 | 2:14:55 |
| | - | | | 1:37:36 | 2:18:44 | 3:30:15 | 4:26:37 | 5:26:41 | 6:41:32 | | | | |
| 53 | Magnus Karlsson | 6:42:16 | + | 1:55:53 | 1:35:14 | 0:41:08 | 1:17:36 | 0:55:21 | 0:54:49 | 1:18:08 | 2:16:22 | 2:12:57 | 2:12:57 |
| | - | | | 1:35:14 | 2:16:22 | 3:33:58 | 4:29:19 | 5:24:08 | 6:42:16 | | | | |
| 54 | Johannes Stötzel | 6:42:56 | + | 1:56:33 | 1:36:29 | 0:42:11 | 1:08:53 | 0:58:48 | 0:57:31 | 1:19:04 | 2:18:40 | 2:07:41 | 2:16:35 |
| | TSG | | | 1:36:29 | 2:18:40 | 3:27:33 | 4:26:21 | 5:23:52 | 6:42:56 | | | | |
| 55 | Nicklas Wetterström | 6:43:04 | + | 1:56:41 | 1:14:34 | 0:36:33 | 1:21:57 | 1:01:14 | 1:00:12 | 1:28:34 | 1:51:07 | 2:23:11 | 2:28:46 |
| | - | | | 1:14:34 | 1:51:07 | 3:13:04 | 4:14:18 | 5:14:30 | 6:43:04 | | | | |
| 56 | Jesper Kärrbrink | 6:43:18 | + | 1:56:55 | 1:21:06 | 0:44:11 | 1:18:52 | 1:04:40 | 0:57:07 | 1:17:22 | 2:05:17 | 2:23:32 | 2:14:29 |
| | Eniro | | | 1:21:06 | 2:05:17 | 3:24:09 | 4:28:49 | 5:25:56 | 6:43:18 | | | | |
| 57 | Michael Lemmel | 6:43:53 | + | 1:57:30 | 1:34:49 | 0:41:19 | 1:13:17 | 0:58:45 | 0:58:38 | 1:17:05 | 2:16:08 | 2:12:02 | 2:15:43 |

| Placering | Namn | Tid | Diff | Lyft 2 | Torget | Skutan | Huså | Fäviken | Mål | Paddling | Löpning | Cykling |
|-----------|---|-----------|---------|---------|---------|---------|---------|---------|---------|----------|---------|---------|
| | Haglöfs vän | | | 1:34:49 | 2:16:08 | 3:29:25 | 4:28:10 | 5:26:48 | 6:43:53 | | | |
| 58 | Geir Arne Duna Team Defender | 6:44:57 + | 1:58:34 | 1:39:56 | 0:40:25 | 1:12:27 | 0:47:44 | 0:59:11 | 1:25:14 | 2:20:21 | 2:00:11 | 2:24:25 |
| 59 | Martin Håkansson - | 6:46:49 + | 2:00:26 | 1:52:14 | 0:42:09 | 1:10:39 | 0:53:03 | 0:51:45 | 1:16:59 | 2:34:23 | 2:03:42 | 2:08:44 |
| 60 | Johan Olofsson - | 6:47:33 + | 2:01:10 | 1:40:24 | 0:41:01 | 1:13:28 | 0:58:46 | 0:54:50 | 1:19:04 | 2:21:25 | 2:12:14 | 2:13:54 |
| 61 | Bård Smestad Multitude | 6:47:44 + | 2:01:21 | 1:52:04 | 0:47:22 | 1:02:50 | 0:50:05 | 0:58:22 | 1:17:01 | 2:39:26 | 1:52:55 | 2:15:23 |
| 62 | Anders Leire FK Herkules | 6:48:42 + | 2:02:19 | 1:49:50 | 0:46:36 | 1:09:23 | 0:55:59 | 0:53:51 | 1:13:03 | 2:36:26 | 2:05:22 | 2:06:54 |
| 63 | Mikael Anttila SEB IF | 6:48:45 + | 2:02:22 | 1:39:52 | 0:47:05 | 1:13:37 | 1:00:25 | 0:54:40 | 1:13:06 | 2:26:57 | 2:14:02 | 2:07:46 |
| 64 | Trent Victor FK Herkules | 6:50:04 + | 2:03:41 | 1:34:01 | 0:40:35 | 1:19:10 | 1:03:04 | 0:57:15 | 1:15:59 | 2:14:36 | 2:22:14 | 2:13:14 |
| 65 | Jörgen Tigerstrand Team Drivex | 6:50:50 + | 2:04:27 | 1:40:08 | 0:43:35 | 1:05:13 | 0:57:23 | 1:00:52 | 1:23:39 | 2:23:43 | 2:02:36 | 2:24:31 |
| 66 | Stefan Rodheim MenMedia | 6:54:32 + | 2:08:09 | 1:33:51 | 0:41:09 | 1:19:04 | 1:02:34 | 1:01:31 | 1:16:23 | 2:15:00 | 2:21:38 | 2:17:54 |
| 67 | Patrik Ring Goblins | 6:55:13 + | 2:08:50 | 1:36:17 | 0:38:27 | 1:16:11 | 1:02:49 | 0:57:41 | 1:23:48 | 2:14:44 | 2:19:00 | 2:21:29 |
| 68 | Fredrik Månsson Team MestUte | 6:55:20 + | 2:08:57 | 2:02:18 | 0:40:59 | 1:11:54 | 0:53:53 | 0:53:06 | 1:13:10 | 2:43:17 | 2:05:47 | 2:06:16 |
| 69 | Dan Malm Eniro | 6:56:21 + | 2:09:58 | 1:34:57 | 0:45:18 | 1:13:43 | 0:58:23 | 1:09:37 | 1:14:23 | 2:20:15 | 2:12:06 | 2:24:00 |
| 70 | +Fredrik Söderström Team XR Logistik | 6:56:53 + | 2:10:30 | 1:48:00 | 0:42:41 | 1:13:55 | 0:59:55 | 0:59:31 | 1:12:51 | 2:30:41 | 2:13:50 | 2:12:22 |
| 71 | Stefan Silfver Stockholm Multisport | 6:58:08 + | 2:11:45 | 1:40:41 | 0:39:24 | 1:20:00 | 0:57:37 | 0:57:07 | 1:23:19 | 2:20:05 | 2:17:37 | 2:20:26 |
| 72 | Richard Widén - | 6:58:40 + | 2:12:17 | 1:33:54 | 0:41:18 | 1:18:48 | 1:04:25 | 0:59:43 | 1:20:32 | 2:15:12 | 2:23:13 | 2:20:15 |
| 73 | Anders Johansson Korsnäs IF Skidor | 6:58:44 + | 2:12:21 | 1:37:57 | 0:45:21 | 1:18:49 | 1:06:11 | 0:56:30 | 1:13:56 | 2:23:18 | 2:25:00 | 2:10:26 |
| 74 | Kaare Beck-Fisher Eniro | 6:59:07 + | 2:12:44 | 1:57:03 | 0:49:36 | 1:08:53 | 0:59:37 | 0:50:51 | 1:13:07 | 2:46:39 | 2:08:30 | 2:03:58 |
| 75 | Anders Andersson FK Herkules | 6:59:50 + | 2:13:27 | 1:41:50 | 0:41:24 | 1:19:11 | 1:01:03 | 0:53:53 | 1:22:29 | 2:23:14 | 2:20:14 | 2:16:22 |
| 76 | Mika Okkonen karsu.fi | 7:01:23 + | 2:15:00 | 1:54:36 | 0:48:00 | 1:12:42 | 0:59:02 | 0:54:26 | 1:12:37 | 2:42:36 | 2:11:44 | 2:07:03 |
| 77 | Heikki Hamunen | 7:01:25 + | 2:15:02 | 1:46:37 | 0:44:15 | 1:14:50 | 0:57:27 | 0:57:48 | 1:20:28 | 2:30:52 | 2:12:17 | 2:18:16 |

| Placering | Namn | Tid | Diff | Lyft 2 | Torget | Skutan | Huså | Fäviken | Mål | Paddling | Löpning | Cykling |
|-----------|--|-----------|---------|---------|---------|---------|---------|---------|---------|----------|---------|---------|
| | karsu.fi | | | 1:46:37 | 2:30:52 | 3:45:42 | 4:43:09 | 5:40:57 | 7:01:25 | | | |
| 78 | Björn Ahlepil Eniro | 7:01:42 + | 2:15:19 | 1:52:01 | 0:51:22 | 1:10:25 | 0:50:37 | 0:55:32 | 1:21:45 | 2:43:23 | 2:01:02 | 2:17:17 |
| 79 | Markus Henriksson Silverfiskarna | 7:02:17 + | 2:15:54 | 1:51:11 | 0:49:01 | 1:08:17 | 0:54:45 | 0:58:49 | 1:20:14 | 2:40:12 | 2:03:02 | 2:19:03 |
| 80 | Mats Åkerlund Sundsvallspolisens IF | 7:09:23 + | 2:23:00 | 1:44:38 | 0:43:54 | 1:20:17 | 1:02:59 | 0:57:57 | 1:19:38 | 2:28:32 | 2:23:16 | 2:17:35 |
| 81 | Thomas Christensson Heleneholms triathlon | 7:10:06 + | 2:23:43 | 1:51:42 | 0:39:39 | 1:13:04 | 0:56:29 | 1:01:09 | 1:28:03 | 2:31:21 | 2:09:33 | 2:29:12 |
| 82 | +Torgny Lindbäck Brunnsviken Kanotklubb | 7:13:55 + | 2:27:32 | 1:26:57 | 0:45:03 | 1:18:31 | 1:08:49 | 1:07:11 | 1:27:24 | 2:12:00 | 2:27:20 | 2:34:35 |
| 83 | + Johan Carlsson Trollhättan | 7:16:10 + | 2:29:47 | 1:42:50 | 0:44:10 | 1:22:44 | 1:01:24 | 1:01:55 | 1:23:07 | 2:27:00 | 2:24:08 | 2:25:02 |
| 84 | Jaako Leppänen karsu.fi | 7:19:40 + | 2:33:17 | 2:13:20 | 0:48:12 | 1:11:25 | 0:50:52 | 0:50:14 | 1:25:37 | 3:01:32 | 2:02:17 | 2:15:51 |
| 85 | Philip Schröderheim Eniro | 7:20:11 + | 2:33:48 | 1:48:20 | 0:50:07 | 1:23:27 | 1:06:25 | 0:55:40 | 1:16:12 | 2:38:27 | 2:29:52 | 2:11:52 |
| 86 | Göran Sander NoTeam | 7:22:06 + | 2:35:43 | 1:48:11 | 0:42:48 | 1:16:59 | 0:59:03 | 1:10:24 | 1:24:41 | 2:30:59 | 2:16:02 | 2:35:05 |
| 87 | Luis Nunez Stockholms Kajakklubb | 7:22:11 + | 2:35:48 | 1:34:28 | 0:37:48 | 1:17:19 | 1:09:48 | 1:17:03 | 1:25:45 | 2:12:16 | 2:27:07 | 2:42:48 |
| 88 | Anders Hällberg - | 7:23:40 + | 2:37:17 | 2:04:36 | 0:51:04 | 1:13:30 | 0:56:39 | 1:00:18 | 1:17:33 | 2:55:40 | 2:10:09 | 2:17:51 |
| 89 | Peter Johnsson Målilla-Mörlunda Ski | 7:24:33 + | 2:38:10 | 1:50:35 | 0:46:17 | 1:12:56 | 0:56:12 | 1:11:31 | 1:27:02 | 2:36:52 | 2:09:08 | 2:38:33 |
| 90 | Erik Ringqvist - | 7:25:07 + | 2:38:44 | 1:37:22 | 0:45:13 | 1:24:21 | 1:08:19 | 1:03:50 | 1:26:02 | 2:22:35 | 2:32:40 | 2:29:52 |
| 91 | Robert Grenmark Estrella | 7:25:28 + | 2:39:05 | 1:39:54 | 0:47:05 | 1:29:06 | 1:05:09 | 1:00:44 | 1:23:30 | 2:26:59 | 2:34:15 | 2:24:14 |
| 92 | Jens Karlsson Två Hjul | 7:27:59 + | 2:41:36 | 1:29:35 | 0:41:17 | 1:19:18 | 1:03:18 | 1:02:23 | 1:52:08 | 2:10:52 | 2:22:36 | 2:54:31 |
| 93 | Dennis Stenberg Eniro | 7:30:34 + | 2:44:11 | 1:47:01 | 0:53:14 | 1:12:43 | 1:08:59 | 1:03:25 | 1:25:12 | 2:40:15 | 2:21:42 | 2:28:37 |
| 94 | Matias Londen - | 7:31:11 + | 2:44:48 | 1:46:22 | 0:45:04 | 1:17:16 | 1:03:53 | 1:09:56 | 1:28:40 | 2:31:26 | 2:21:09 | 2:38:36 |
| 95 | Johan Lundell Blå Dragoner | 7:33:19 + | 2:46:56 | 1:59:39 | 0:46:07 | 1:17:27 | 0:57:44 | 1:03:21 | 1:29:01 | 2:45:46 | 2:15:11 | 2:32:22 |
| 96 | +Svante Lundberg Kanotisterna Södertälje | 7:34:07 + | 2:47:44 | 1:42:57 | 0:41:41 | 1:23:34 | 1:09:39 | 1:06:02 | 1:30:14 | 2:24:38 | 2:33:13 | 2:36:16 |
| 97 | + Anders Hall | 7:34:09 + | 2:47:46 | 1:43:48 | 0:44:35 | 1:21:11 | 1:00:17 | 1:00:51 | 1:43:27 | 2:28:23 | 2:21:28 | 2:44:18 |

| Placering | Namn | Tid | Diff | Lyft 2 | Torget | Skutan | Huså | Fäviken | Mål | Paddling | Löpning | Cykling |
|-----------|---|-----------|---------|---------|---------|---------|---------|---------|---------|----------|---------|---------|
| | Stockholm Multisport | | | 1:43:48 | 2:28:23 | 3:49:34 | 4:49:51 | 5:50:42 | 7:34:09 | | | |
| 98 | Rickard Högström Små och Stora Äventyr | 7:34:58 + | 2:48:35 | 1:36:14 | 0:44:57 | 1:19:39 | 1:10:24 | 1:10:22 | 1:33:22 | 2:21:11 | 2:30:03 | 2:43:44 |
| 99 | Calle Bjernekuil Åre Bergscycklisters | 7:36:09 + | 2:49:46 | 1:47:31 | 0:49:36 | 1:12:32 | 1:06:48 | 1:13:17 | 1:26:25 | 2:37:07 | 2:19:20 | 2:39:42 |
| 100 | Daniel Lundberg Eniro | 7:36:18 + | 2:49:55 | 1:58:29 | 0:48:52 | 1:20:50 | 0:59:56 | 1:03:46 | 1:24:25 | 2:47:21 | 2:20:46 | 2:28:11 |
| 101 | +Philip Long - | 7:38:25 + | 2:52:02 | 1:57:46 | 0:50:57 | 1:13:34 | 1:05:56 | 1:03:54 | 1:26:18 | 2:48:43 | 2:19:30 | 2:30:12 |
| 102 | Jimmy Fornander - | 7:39:23 + | 2:53:00 | 1:39:08 | 0:44:13 | 1:28:55 | 1:07:42 | 1:03:00 | 1:36:25 | 2:23:21 | 2:36:37 | 2:39:25 |
| 103 | Markus Wassdahl - | 7:39:30 + | 2:53:07 | 1:36:09 | 0:45:08 | 1:22:51 | 1:03:29 | 1:12:39 | 1:39:14 | 2:21:17 | 2:26:20 | 2:51:53 |
| 104 | Thomas Eriksson Haglöfs vän | 7:40:45 + | 2:54:22 | 1:46:11 | 0:52:10 | 1:27:17 | 1:09:12 | 1:00:31 | 1:25:24 | 2:38:21 | 2:36:29 | 2:25:55 |
| 105 | Bart Van Linden Axehandle Mountain | 7:42:19 + | 2:55:56 | 2:00:57 | 0:48:10 | 1:18:44 | 1:08:16 | 1:00:53 | 1:25:19 | 2:49:07 | 2:27:00 | 2:26:12 |
| 106 | Roland Asztalos Herkules | 7:46:52 + | 3:00:29 | 1:49:50 | 0:48:26 | 1:22:27 | 1:04:56 | 1:12:00 | 1:29:13 | 2:38:16 | 2:27:23 | 2:41:13 |
| 107 | Christian Adenås Eniro | 7:47:33 + | 3:01:10 | 2:04:30 | 0:50:59 | 1:13:36 | 0:59:34 | 1:10:25 | 1:28:29 | 2:55:29 | 2:13:10 | 2:38:54 |
| 108 | Daniel Klasson la-la-loka | 7:47:43 + | 3:01:20 | 1:46:14 | 0:46:54 | 1:23:42 | 1:18:55 | 1:01:55 | 1:30:03 | 2:33:08 | 2:42:37 | 2:31:58 |
| 109 | Mikael Ahlfors Sverige | 7:52:43 + | 3:06:20 | 1:54:51 | 0:49:53 | 1:20:05 | 1:14:04 | 1:05:09 | 1:28:41 | 2:44:44 | 2:34:09 | 2:33:50 |
| 110 | Martin Norling - | 7:57:45 + | 3:11:22 | 1:51:43 | 0:46:51 | 1:23:18 | 1:08:50 | 1:09:35 | 1:37:28 | 2:38:34 | 2:32:08 | 2:47:03 |
| 111 | Johan Davidsson - | 8:04:48 + | 3:18:25 | 1:50:35 | 0:48:43 | 1:25:41 | 1:19:03 | 1:11:42 | 1:29:04 | 2:39:18 | 2:44:44 | 2:40:46 |
| 112 | Torbjörn Nord - | 8:09:21 + | 3:22:58 | 1:56:31 | 0:51:35 | 1:25:33 | 1:09:46 | 1:12:26 | 1:33:30 | 2:48:06 | 2:35:19 | 2:45:56 |
| 113 | Johan Christensson Johans enmannaklubb | 8:10:41 + | 3:24:18 | 1:56:46 | 0:45:48 | 1:24:53 | 1:06:56 | 1:12:06 | 1:44:12 | 2:42:34 | 2:31:49 | 2:56:18 |
| 114 | +Magnus Granholm Team Tallgården | 8:11:06 + | 3:24:43 | 1:52:41 | 0:48:55 | 1:26:30 | 1:25:18 | 1:10:45 | 1:26:57 | 2:41:36 | 2:51:48 | 2:37:42 |
| 115 | Jakob Tegeström Eniro | 8:13:45 + | 3:27:22 | 2:08:22 | 1:02:12 | 1:24:04 | 1:00:34 | 1:14:22 | 1:24:11 | 3:10:34 | 2:24:38 | 2:38:33 |
| 116 | Nicolson Mats Slå Wassadahl | 8:16:45 + | 3:30:22 | 1:42:46 | 0:49:21 | 1:31:44 | 1:17:19 | 1:16:52 | 1:38:43 | 2:32:07 | 2:49:03 | 2:55:35 |
| 117 | Stefan Häll | 8:17:13 + | 3:30:50 | 2:02:33 | 0:56:11 | 1:21:55 | 0:56:08 | 1:14:37 | 1:45:49 | 2:58:44 | 2:18:03 | 3:00:26 |

| Placering | Namn | Tid | Diff | Lyft 2 | Torget | Skutan | Huså | Fäviken | Mål | Paddling | Löpning | Cykling |
|-----------|---|------------|---------|---------|---------|---------|---------|---------|----------|----------|---------|---------|
| - | - | | | 2:02:33 | 2:58:44 | 4:20:39 | 5:16:47 | 6:31:24 | 8:17:13 | | | |
| 118 | Jimmy Lundberg / Anders Holmkvist Team Brandkåren Hofors | 8:19:33 + | 3:33:10 | 2:36:47 | 0:47:52 | 1:15:18 | 1:00:32 | 1:06:15 | 1:32:49 | 3:24:39 | 2:15:50 | 2:39:04 |
| 119 | Stefan Berglund Svensk Elcomfort | 8:20:20 + | 3:33:57 | 1:57:06 | 0:50:10 | 1:26:07 | 1:07:52 | 1:12:25 | 1:46:40 | 2:47:16 | 2:33:59 | 2:59:05 |
| 120 | Per Stööp Grisen | 8:20:22 + | 3:33:59 | 1:57:07 | 0:50:11 | 1:26:02 | 1:08:09 | 1:12:11 | 1:46:42 | 2:47:18 | 2:34:11 | 2:58:53 |
| 121 | Fredric Kaijser Eniro | 8:23:32 + | 3:37:09 | 1:57:53 | 0:52:13 | 1:27:05 | 1:16:16 | 1:17:57 | 1:32:08 | 2:50:06 | 2:43:21 | 2:50:05 |
| 122 | +Sven-Åke Östman Järna Naprapatklirik | 8:25:07 + | 3:38:44 | 1:46:35 | 0:47:13 | 1:40:19 | 1:22:44 | 1:09:02 | 1:39:14 | 2:33:48 | 3:03:03 | 2:48:16 |
| 123 | Niklas Lagesson Klubb Sisu | 8:26:09 + | 3:39:46 | 1:50:11 | 0:47:47 | 1:35:20 | 1:20:04 | 1:08:39 | 1:44:08 | 2:37:58 | 2:55:24 | 2:52:47 |
| 124 | Victor Henriksson Silverfiskarna | 8:26:25 + | 3:40:02 | 2:05:27 | 0:51:25 | 1:24:14 | 1:13:34 | 1:07:54 | 1:43:51 | 2:56:52 | 2:37:48 | 2:51:45 |
| 125 | Figge Heurlin Kanotföreningen Öresund | 8:28:10 + | 3:41:47 | 2:38:25 | 0:48:01 | 1:20:41 | 1:12:40 | 1:01:49 | 1:26:34 | 3:26:26 | 2:33:21 | 2:28:23 |
| 126 | Per-Erik Larsson SEB IF | 8:33:53 + | 3:47:30 | 2:22:28 | 0:54:22 | 1:30:22 | 1:12:00 | 1:02:25 | 1:32:16 | 3:16:50 | 2:42:22 | 2:34:41 |
| 127 | +Svante Hertz - | 8:56:41 + | 4:10:18 | 2:15:04 | 0:55:54 | 1:31:15 | 1:16:55 | 1:09:50 | 1:47:43 | 3:10:58 | 2:48:10 | 2:57:33 |
| 128 | Morten Svendsen - | 8:56:47 + | 4:10:24 | 1:54:12 | 0:48:17 | 1:40:16 | 1:38:47 | 1:14:43 | 1:40:32 | 2:42:29 | 3:19:03 | 2:55:15 |
| 129 | Patric Lindström Eniro | 9:02:52 + | 4:16:29 | 2:13:18 | 0:55:27 | 1:41:50 | 1:15:09 | 1:18:27 | 1:38:41 | 3:08:45 | 2:56:59 | 2:57:08 |
| 130 | Henrik Jarheden Eniro | 10:07:15 + | 5:20:52 | 2:08:17 | 1:08:30 | 1:52:10 | 1:36:17 | 1:26:53 | 1:55:08 | 3:16:47 | 3:28:27 | 3:22:01 |
| 131 | Christopher Holland - | 10:20:23 + | 5:34:00 | 2:05:28 | 0:58:20 | 2:13:24 | 1:42:48 | 1:28:12 | 1:52:11 | 3:03:48 | 3:56:12 | 3:20:23 |
| 132 | Ulf Gustavsson - | 10:20:32 + | 5:34:09 | 2:42:11 | 0:57:58 | 1:58:41 | 1:38:20 | 1:26:09 | 1:37:13 | 3:40:09 | 3:37:01 | 3:03:22 |
| - | - | | | 2:42:11 | 3:40:09 | 5:38:50 | 7:17:10 | 8:43:19 | 10:20:32 | | | |